Twenty-second Annual
Rhoda G. & Bernard G.
SARNAT SYMPOSIUM
For Geriatric Care

A Brave New World: Innovations in Senior Care

Wednesday, October 30, 2019

celebrating 22 years of geriatric-care education
Distinguished Speakers
Linda M. Ercoli, PhD
Director of Geriatric Psychology
UCLA Longevity Center

Update on Alzheimer’s Disease
Learn about Alzheimer’s disease, current treatments and how Alzheimer’s disease affects the relationship between families and patients. Participants will be able to name at least three symptoms of Alzheimer’s disease, name two treatment options, and three coping strategies for improving the relationship between patients and their families.

Linda M. Ercoli, PhD, is a Health Sciences Clinical Professor and the Director of Geriatric Psychology in the Department of Psychiatry and Biobehavioral Sciences at the UCLA Semel Institute. A clinical psychologist with expertise in geriatrics, dementia, and the neuropsychology of aging, she also provides education for caregivers of people with dementia.

Judy Ho, PhD, ABP
Associate Professor of Psychology at Pepperdine University, Graduate School of Education and Psychology

Burnout Busters for Your Personality Type
Dr. Judy Ho will take participants through a mini personality-traits assessment, then describe evidence-based techniques for beating stress, renewing your passions, and accomplishing more with less time for each personality type. Theories regarding self-care will be discussed, along with special tips for caregivers.

Dr. Judy Ho is a licensed and board certified clinical psychologist and an associate professor of psychology at Pepperdine University. Her clinical experiences include working in inpatient psychiatric settings; outpatient hospitals and clinics; and civil proceedings, and in public schools and special education classrooms. Dr. Ho maintains a private practice where she conducts neuropsychological and forensic assessments and provides evidence-based cognitive-behavioral therapies to couples and individuals.

Symposium Schedule – Wednesday, October 30, 2019

7:15 – 8:00  Registration and Check-in
8:00 – 8:15  Welcome and Introductions
Molly Forrest, CEO-President
Los Angeles Jewish Home

8:15 – 9:45  Update on Alzheimer’s Disease
Linda M. Ercoli, PhD

9:45 – 10:00 BREAK
10:00 – 11:30 Burnout Busters for Your Personality Type
Judy Ho, PhD, ABP

11:30 – 12:30 LUNCH
12:30 – 2:00 Purposeful Aging: Lessons from European Cities
Kathleen Wilber, PhD

2:00 – 2:15 BREAK
2:15 – 3:45 Elder Abuse in the Community: An unrecognized public health epidemic
Daniel Reingold, MSW, JD

Symposium Location
Valley Beth Shalom
15739 Ventura Boulevard
Encino, CA 91436

Information (818) 774-3041
Please allow ample time for traffic and parking. Parking is limited. Carpool or use ride-sharing services if possible.

Registration Fees
Postmarked on/before Oct. 18, 2019: $ 90 per participant
Postmarked after Oct. 18, 2019: $100 per participant
Students* & Seniors (age 65+)**: $ 75 per participant

A $15 discount per registrant will be given for three or more participants from the same company or organization.

*Must be full-time student and provide copy of student ID at check-in.
**Must provide valid ID at check-in.
Kathleen Wilber, PhD  
Mary Pickford Professor of Gerontology  
Professor of Health Services Administration  
USC Leonard Davis School of Gerontology  

Purposeful Aging: Lessons from European Cities  

This presentation describes innovative work on Age-Friendly approaches from cities in the UK, The Netherlands, and other communities in Europe. The presentation will include promising practices, approaches to engage participation through co-design/co-production, and efforts to improve livability and civic engagement. Participants will be able to describe the benefits and challenges involved in developing a variety of approaches designed to improve communities for an aging population.

Dr. Wilber is co-director of the Secure Old Age Lab, co-director of the USC Family Caregiver Support Center and co-director of the National Center on Elder Abuse. Dr. Wilber’s research focuses on improving the quality of life of older adults including those with chronic physical and mental health conditions and those at risk of economic insecurity. She has authored over 100 articles, books, and book chapters.

Daniel Reingold, MSW, JD  
President and Chief Executive Officer of RiverSpring Health (including the Hebrew Home at Riverdale)  

Elder Abuse in the Community: An unrecognized public health epidemic  

The course will discuss the prevalence of community-based elder abuse, the dynamics of this far-reaching problem, and the current programmatic initiatives to address this insidious crime. Participants will gain an awareness of elder abuse to professionals who can extend screening and intervention.

As President and CEO of RiverSpring Health, Daniel Reingold has led breakthrough efforts to create revolutionary programs in elder care, has won numerous honors and has spoken about innovations in and quality of healthcare for the elderly at major conferences throughout the world. Reingold has become a highly visible presence on the national level having testified before the U.S. Senate Special Committee on Aging and attending the 2015 White House Conference on Aging. In 2018, Reingold received the highest recognition in the field of non-profit long term senior care with the LeadingAge Award of Honor.

Registration Form  
You may now register online at lajh.org/resources/sarnat-symposium

☐ YES! Please enroll me in the Twenty-second Annual Rhoda G. & Bernard G. Sarnat Symposium for Geriatric Care on Wednesday, October 30, 2019.

Registration includes continental breakfast, lunch, four presentation workshops, handouts and six CEU credits. 

Register early. Attendance is limited.

Please Print  
Name __________________________________________

Board License #’s ________________________________________

Organization _______________________________________________

Title __________________________________________

Address __________________________________________

City ___________________ State _____ Zip ______

Telephone ________________ FAX ________________________

Email ____________________

Mail registration form to:  

Sarnat Symposium, Los Angeles Jewish Home  
7150 Tampa Ave., Reseda, CA 91335  
or Fax to 818-774-3024

You are welcome to photocopy this enrollment form for additional participants.

The following organizations will give 6 CEU credits for attending this Symposium. Please select appropriate boxes.

☐ BRN ☐ NHAP ☐ BBS

☐ Enclosed is a check for $ ________________________ (payable to Los Angeles Jewish Home)

☐ Charge my credit card for $ ________________________

☐ Visa ☐ MasterCard ☐ American Express

Acct. # __________________ Exp. Date ______

Name on Card _________________________________________

Signature __________________________

Note: There will be a $25 cancellation penalty. 
After Tuesday, October 23, no refunds will be issued.
Rhoda and Bernard Sarnat (of blessed memory) made a generous gift to the Los Angeles Jewish Home to create an endowment which funds, in part, an annual conference on issues related to aging. Rhoda was a clinical social worker for more than six decades, including a 19-year tenure on the faculty of the USC School of Social Work where she was Director of Field Work for six years. Bernard, her husband of more than 70 years, was a noted plastic and reconstructive surgeon, and former Chief of Plastic Surgery at Cedars-Sinai Medical Center for more than 20 years. Dr. Sarnat served as Professor of Plastic Surgery, School of Medicine, and Professor of Oral Biology, School of Dentistry, at UCLA. The Rhoda G. & Bernard G. Sarnat Symposium was established in 1998 to honor them and to promote the education of professionals in the field of geriatric care.

Symposium Location

Valley Beth Shalom
15739 Ventura Boulevard, Encino, CA

Park in the Valley Beth Shalom lot on Densmore Avenue. Please allow ample time for traffic and parking. Parking is limited. Carpool or use ride-sharing services if possible.

What others have said about the Sarnat Symposium:

“*The Sarnat Symposium provides an excellent learning opportunity.*”

“Thank you for a well-presented symposium.”

“The speakers were very engaging, motivating and passionate about their subjects, as well as super well-informed.”